

Evidence-Based Psychotherapies for Children and Adolescents

Child and Adolescent Psychiatry Seminar

Fall 2016

Tuesdays - 2:00 PM

Stewart Conference Room

Seminar leaders: Beth Troutman, PhD & Jamie Kreamsreiter, PhD

Seminar Objectives:

- 1) Become knowledgeable about evidence-based psychotherapies for children and adolescents
- 2) Understand principles and theories underlying evidence-based psychotherapies
- 3) Identify core components of evidence-based psychotherapies
- 4) Become knowledgeable about the research on evidence-based psychotherapies for children and adolescents and how to critically evaluate the evidence
- 5) Learn to identify pseudoscience and harmful practices in the psychotherapy literature.

Course Readings

1. Main Text

Steele, R. G., Elkin, T. D. & Roberts, M. C. (Eds.). (2008). *Handbook of evidence-based therapies for children and adolescents: Bridging science and practice*. New York, NY: Springer Science+Business Media, LLC.

This text is available online through the library at:

<http://link.springer.com/book/10.1007%2F978-0-387-73691-4>

2. Other Required Readings

See specific lectures, below for additional readings. (These additional readings will be made available through MedHub or can be accessed online by the link provided.)

3. Supplemental Text

Lilienfeld, S. O., Lynn, S. J. & Lohr, J. M. (Eds.). (2015). *Science and pseudoscience in clinical psychology* (2nd ed.). New York, NY: Guilford Press. (Readings from this text will be made available through MedHub.)

Date	Topic & Assigned Reading	Lecturer
September 6	Course Overview Pseudoscience: How to be a critical consumer <i>Assigned Reading:</i> Lilienfeld et al., Chpt 2 (pp. 19-41)	Jamie Kreamsreiter, PhD
September 13	Attachment Interventions <i>Assigned Reading:</i> 1) Integrating Behaviorism and Attachment Theory in Parent Coaching, Chapter 2: http://link.springer.com/book/10.1007/978-3-319-15239-4;	Beth Troutman, PhD

	2) Can Attachment Theory Explain All Our Relationships? http://nymag.com/thecut/2016/06/attachment-theory-motherhood-c-v-r.html	
September 20	Dialectical Behavior Therapy <i>Assigned Reading:</i> TBA	James Burkhalter, LISW
September 27	Behavior Management/Parent Training <i>Assigned Reading:</i> Elkin et al., (online text) Chapter 13, "Evidence-Based Therapies for Oppositional Behavior in Young Children"	Beth Troutman, PhD
October 4	Integration of Working Models of Attachment into Parent-Child Interaction Therapy (IoWA-PCIT) <i>Assigned Reading:</i> TBA	Beth Troutman, PhD (Meet at MEB)
October 11	Anxiety and Related Disorders <i>Assigned Reading:</i> Higa-McMillan, C. K., Francis, S. E., Righ-Najarian, L. R., & Chorpita, B. F. (2016). Evidence base update: 50 years of research on treatment for child and adolescent anxiety. <i>Journal of Clinical Child & Adolescent Psychology, 45</i> (2), 91-113. http:// DOI: 10.1080/15374416.2015.1046177 <i>Supplemental reading:</i> Elkin et al., (online text) Chapter 5, "Psychosocial Treatments for Phobic and Anxiety Disorders in Youth"	Jamie Krensreiter, PhD
October 18	Anxiety and Related Disorders <i>Assigned Reading:</i> Elkin et al. (online text) Chapter 7, "Evidence-Based Treatment of Pediatric Obsessive-Compulsive Disorder"	Jamie Krensreiter, PhD
October 25 (AACAP)	Peer Deviancy Training <i>Assigned Reading:</i> TBA	Jamie Krensreiter
November 1	Depression Interpersonal Therapy (IPT) Acceptance and Commitment Therapy (ACT) <i>Assigned Reading:</i> TBA	Emily Kroska
November 8	Trauma Focused CBT <i>Assigned Reading:</i> Cohen, J.A., Mannarino, A.P. & Deblinger, E. (2006). The Impact of Trauma and Grief on Children and Families. In <i>Treating Trauma and Traumatic Grief in Children and Adolescents</i> (pp. 3-19). New York, NY: The Guilford Press.	Danielle Sparks, MSW, LISW
November 15	Pain Management <i>Assigned Reading:</i> 1) Required: Plaermo, T. M., Valrie, C. R., & Karlson, C. W. (2014). Family and parent influences on pediatric chronic pain: A developmental perspective. <i>American Psychologist, 69</i> (2), 142-152. http://dx.doi.org/10.1037/a0035216 2) Supplemental: Vlaeyen, J. W. S. & Linton, S. J. (2000). Fear-avoidance and its consequences in chronic musculoskeletal pain: A state of the art.	Erin Olufs, PhD

	<i>Pain, 85, 317-332.</i>	
November 22	Autism Spectrum Disorder <i>Assigned Reading: TBA</i>	Jamie Kremsreiter, PhD
November 29	Pivotal Response Treatment for ASD <i>Assigned Reading: Koegel, R. L., & Koegel, L. K. (2012). Treatment of pivotal areas. In The PRT pocket guide: Pivotal response treatment for autism spectrum disorders. (pp. 13-38). Baltimore, MD: Paul H. Brookes Publishing Co., Inc.</i>	Katrina Welsh, PhD
December 6	*Fellow: Chapter Discussion Leader <i>Assigned Presenter/Chapter:</i> Dr. Licht - Lilienfeld, et al, Chpt 16: "Antisocial Behavior of Child and Adolescents: Harmful Treatments, Effective Interventions, and Novel Strategies" pp. 500-525 Dr. Johnson - Lilienfeld, et al, Chpt 15 "Attachment Therapy" pp. 466-499	Fellows
December 13	* Fellow: Chapter Discussion Leader <i>Assigned Presenter/Chapter</i> Dr. Ali – Lilienfeld, et al, Chpt 13, "Empirically Supported, Promising, and Unsupported Treatments for AD/HD" pp. 391-430 Dr. Atkinson - Lilienfeld, et al, Chpt 14, "The Status of Treatment for ASDs: The Weak Relationship of Science to Interventions" pp. 431-465	Fellows
December 20	Differential Susceptibility and/or Vantage Sensitivity <i>Assigned Reading: TBA</i>	Beth Troutman, PhD