

Mental Health Assistance for Health Care Providers



These are unprecedented times for our community, and we know many of you are under enormous stress.

If you are a health care provider in need of mental health assistance, the Department of Psychiatry is here to help.

Those with UICHOICE insurance may now call 319-353-6314 to receive an appointment with one of our mental health professionals within 10 days.

New patients are welcome and visits for therapy and/or medical management are available.

To learn more about our services, go to <https://uihc.org/primary-and-specialty-care/psychiatry>

The university's Employee Assistance Program is also available to those experiencing mental health issues at 319-335-2085.

- If you or someone you know are in crisis and need help immediately, please dial 911 or go to the emergency room.
- If you or someone you know are feeling suicidal, the National Suicide Prevention Lifeline is available 24 hours a day at 800-273-8255.

→ uihc.org