

# Humanities and Wellness Committee • 2021-2022

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**COMMITTEE ADMIN**

**Abbey  
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The HWC is comprised of residents in different stages of the program, one chief resident, and one faculty advisor. The goal of the committee is to establish a formal framework by which to improve wellness and cohesion between residents and the residency program. The committee aims to facilitate team-building by way of mentorship and wellness events.

## COMMITTEE RESPONSIBILITIES

- To improve resident and program cohesion
- To provide education on the importance of physician well-being and professional satisfaction
- To organize regular wellness events to facilitate the above goals