

## PATIENT INSTRUCTIONS FOR I<sup>131</sup> SCAN

Patient Name: \_\_\_\_\_

Your I<sup>131</sup> scan will take place over a 3 day period.

Your scan is scheduled as follows:

Day 1: \_\_\_\_\_ at \_\_\_\_\_ a.m., report to the Otolaryngology --  
Head and Neck Surgery Clinic at \_\_\_\_\_ a.m.

Day 2: \_\_\_\_\_ at \_\_\_\_\_ a.m., report directly to Nuclear  
Medicine

Day 3: \_\_\_\_\_ - time to be determined before you leave on Day 2.

It is possible you will be admitted to the hospital on Day 3 -- this will be  
determined on Day 2.

Medication Instructions:

Stop taking Synthroid after \_\_\_\_\_

Begin taking Cytomel on \_\_\_\_\_ - continue taking  
this for four weeks.

Stop taking Cytomel after \_\_\_\_\_ - you will then be  
off all your thyroid medications for the next 2 weeks until your scan.

Follow the Low Iodine Diet for the two weeks prior to your scan  
(once you stop your medications).